



H.A.N.A.

HAITIAN AMERICAN NURSES ASSOCIATION
OF HUDSON VALLEY, NEW YORK, INC.

SIXTH ANNUAL NURSING EDUCATION SYMPOSIUM 2023

Nurses: Promoting Health Equity, Leadership and Professional Development.

Goal:

To advocate for health equity, professional development and effective communication through an interdisciplinary team approach.

Objectives:

1. Analyze methods of promoting mentorship and professional development.
2. Explore an interdisciplinary approach to patient centered-care.
3. Identify strategies to advance health equity and promote social justice.
4. Discuss emotional triggers affecting nurses' wellbeing in the healthcare setting.

**FRIDAY, SEPT. 22
8AM - 2PM**

**PARK RIDGE MARRIOTT
PARK RIDGE, NJ**

Time	Topics & Speakers
8:00 - 8:15am	Registration/Breakfast
8:15-8:20am	Introduction Bibiane D. Sykes RN, MSN Ed, EdD(c) Chair of Education/Symposium Committee
8:20-8:25am	Invocation Michele Paraison RN, D, Min. (h.c), Chaplain
8:25-8:35am	Greetings Florence Pierre-Pierre, BA, BSN, RN — President of HANA Hudson Valley, NY, Inc. Marie O. Etienne, DNP, APRN, FNP, PNP, D. Min. (h.c.), PLNC President of HANA- International
8:35-9:05am	Keynote Address Empowering nurses to broaden their scope of practice; embrace innovation; pursue entrepreneurship and engage in healthcare policy Dr. Angela Appiah PhD, DNP, MPH, RN, COA, FAACM Founder & President of Hudson Valley, New York Black Nurses Association
9:05 - 9:35am	Mentoring nursing students in academic and personal goals Dr. Marie-Lourdes Charles EdD, RN-BC, FNYAM
9:35 - 10:05am	Promoting mentorship and professional development of the nurse faculty Dr. Dione Sandiford, PhD, RN, CHSE
10:05 - 10:15am	Break
10:15- 10:45am	Strategies to advance health equity and promote social justice within healthcare Anita Daniel, MS, RN-BC
10:45 - 11:15am	Emotional triggers affecting nurses wellbeing in the healthcare setting Dany Fanfan, PhD, MSN, RN
11:15 - 11:45pm	Heal Pignon Project Design Greta Fievre, MSA, MA, RN

11:45-12:00pm	<p>Games & Trivia Jen Morin, MSN, RN Bianca Lubin, BS, BSN, RN</p>
12:00 - 12:30pm	<p>Lunch</p>
12:30 - 1:40pm	<p>Panel Discussion Topic: Exploring an interdisciplinary team approach to patient centered-care</p> <p>Moderator Bianca Lubin, BS, BSN, RN</p> <p>Panelists Herve Mondestin, MS, RRT Marie Yves Bellance, MSN, FNP, RN Herline Raphael, DNP, MSN, AGNP-C, RN Nahomie Mirville, DNP, MSNEd, FNP-BC, AAPRN Marlene Cesar, MD, DNP, MSN, APRN, FNP, PMHNP Monica Berrera, MD, DDS</p>
1:40 - 1:55pm	<p>Questions & Answers / Evaluation</p>
1:55 - 2:00pm	<p>Closing Remarks</p>

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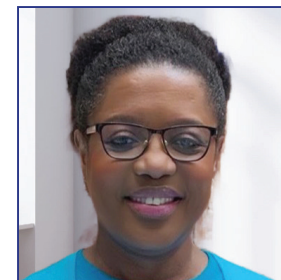
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Welcome Message from the Symposium Chair



Bibiane D. Sykes

MSN Ed, RN, EdD (c)

Chair of Education/Symposium Committee
Past President

It is with much enthusiasm that I welcome you to our Sixth Annual Nursing Education Symposium. What started out as a small professional development endeavor, became an annual educational forum. We are delighted that we were able to nurture this venture, making it consistent and more substantial each year.

The Haitian American Nurses Association (HANA) of Hudson Valley, NY Inc. shares for mission, the opportunity for nurses to unite as a group, to share and promote ideas of interest to the group, and to become effectively involved with the issues and services relevant to the health and welfare of the community locally and globally. Thus, HANA encourages continuous education through different outlets among which are professional development, leadership skills buildup, and research promotion.

The theme of this year's symposium is Nurses: Promoting Health Equity, Leadership and Professional Development. We aim to provide a forum for nursing professionals to discuss an interdisciplinary team approach to patient-centered-care, advocate for health equity and thrive in their respective roles.

I hope that the participants will find this symposium enlightening. I am particularly excited about the upcoming presentations from our distinguished group of speakers and panelists. We greatly appreciate their willingness to share their time and expertise with our participants.

Many thanks to the organizing team for working tirelessly towards a successful symposium. Most of all, I thank you, the participants for dutifully attending these annual nursing educational symposiums. I encourage you to seize this opportunity to network, share your thoughts and ideas, while making it a memorable time.

Sincerely Yours,

Bibiane D. Sykes, MSN Ed, RN, EdD (c)
Education/Professional Development Chair

Keynote Speaker



Angela A. Appiah, Ph.D., DNP, MPH, RN, COA, FAACM

Angela A. Appiah has over 25 years of healthcare experience working in diverse settings, which include non-profit and for-profit organizations. She is an executive leader/administrator for healthcare systems with an extensive track record of leading teams, accreditation programs, operations, and clinical services development, restructuring, start-up, and sustainment. She has worked at NCI-designated Cancer Centers and has healthcare experience in academic health centers/hospitals, urban and rural settings, LMICs, community hospitals, and acute and ambulatory care in diverse global settings.

She obtained her Ph.D. in nursing science from Pace University, DNP concentration in healthcare leadership from Capella University, MSN from Vanderbilt University, in Health Systems Management, MPH in Health Policy and Management from New York Medical College, MA in Counseling, & BA in Nursing/minor in psychology from Eastern Mennonite University. She also holds a graduate certificate in Population Health Management from Johns Hopkins Bloomberg School of Public and a graduate certificate in Managed Care from New York Medical College.

Her unique expertise in academia, clinical practice, program development, operations, and global health systems management through population health sets her apart. Dr. A. Appiah is the Founder and President of the Hudson Valley New York Black Nurses Association, Inc., a chapter of the National Black Nurses Association, Inc. (NBNA.org). She is the Associate Chief Nurse for the Ambulatory Care Network for the James J. Peters VA Medical Center (JPP VAMC). In addition, Dr. Appiah is a United States Fulbright Specialist serving countries globally, Founder and CEO of Global Population Health Consulting, LLC, and an Independent Contractor for the GPM Program, Department of Global Pediatric Medicine St. Jude Children's Research Hospital | St. Jude Global. In addition, she is an Adjunct Associate Professor for Pace University Lienhard School of Nursing and Health Science programs with the School of Health Professionals.

Dr. Appiah's passion is advancing healthcare excellence as she tailors models of care to promote patient-centric, safe, quality care further. In addition, Dr. A. Appiah participates in the ongoing development of healthcare service lines through recruitment, enhanced clinical initiatives, and the promotion of seamless care delivery across settings. Dr. A. Appiah is a globally recognized leader whose scholarly work has been published in various peer-reviewed journals, and she continues to present her work locally, nationally, and internationally.

Her past experiences include Associate Vice President of Oncology Services/Cancer Program Administrator, Senior Administrative Director for an Oncology Service Line, Director of Nursing for Oncology, Interim Director of Oncology Services, and Patient Care Director at an NCI/Comprehensive Cancer Center. Her other past experiences include Clinical Nurse Specialist, Nurse Coordinator, and RN Case Manager. She also has experience as an Oncology Complex Case Manager with Managed Care/HMO.

She is a fellow of numerous organizations: Fellow of the American Academy of Case Management (FAACM), American Organization for Nursing Leadership (AONL), previously known as the American Organization for Nurse Executives (AONE) & AONL Foundation Nurse Director Fellow; AONE Aspiring Nurse Leaders

Speaker



Marie Lourdes Charles

EdD, RN-BC, FNYAM

Community Health Nurse, Researcher, and Educator with over 40 years' experience, Dr. Charles is an Associate Professor with tenure at Pace University. Her research, scholarship, and community endeavors aim at improving health outcomes by focusing on underrepresented populations, specifically, individuals with intellectual and developmental disabilities. She serves as a liaison between Pace University and Caribbean Communities of Brooklyn and Queens to execute the All of Us

Educational Program from the National Institutes of Health (NIH). As a founding member and Vice-President of the Health Education Action League for Haiti (HEAL Haiti), Dr. Charles collaborates with community partners in Haiti to provide resources and health screening and education to underserved communities in Haiti. Additionally, Dr. Charles is a fellow of the New York Academy of Medicine

Speaker



Anita Daniels MS, RN-BC

With over 35 years of experience in both the public and private mental health systems of care, Ms. Daniels is an accomplished leader, administrator, coach and mentor. Working 30 plus years for the New York State Office of Mental Health (OMH), she served in several key executive and administrative positions with a focus on being mission driven, a change agent, a collaborator, and team builder. Most importantly, she exemplified a true commitment to advocating for safe and quality patient care.

For four years, Ms. Daniels served as OMH's Associate Commissioner for the Division of State Operated Children's and Adult Services, where she provided oversight for 19 psychiatric centers located throughout New York State.

Ms. Daniels proudly credits her 37 year experience as an RN, in cultivating her leadership and academic accomplishments. Anita is a diploma graduate of the Albany Medical Center School of Nursing, received a Bachelor of Science degree in nursing and psychology from the State University of New Paltz, and received a Master of Science degree from Mercy College. She is credentialed by the American Nurses Credentialing Center in Psychiatric- Mental Health Nursing and is a member of the American Psychiatric Nurses Association and Sigma Theta Tau International Honor Society.

Speaker



Dr. Dany Fanfan Ph.D., MSN, RN

Dr. Dany Fanfan is an Assistant Professor at the Biobehavioral Nursing Science department of the University of Florida College of Nursing. Before becoming a faculty at the University of Florida, she completed a Bachelor's in Nursing at Florida International University, a Master's in Nursing with a concentration on Adult-Gerontology Primary Care Nursing as well as a Ph.D. in Nursing at the University of South Florida.

Dr. Fanfan completed a 2-year post-doctoral fellowship at the University of Florida which focused on mental health disparities research with and for underrepresented and minoritized populations using advanced methods such as community-based participatory research and social network analysis. She teaches in the DNP program and engages in multidisciplinary mixed-methods research dedicated to advancing the science and practice of reducing mental health disparities among minoritized immigrants by exploring the underlying biobehavioral, cultural, and psychosocial mechanisms of distress symptoms.

With support from an NIH K23 career development award, she is now incorporating microbial metagenomics and bioinformatics methods in her research by examining the associations between post-migration social determinants of health, gut microbiome, and psychological distress among recent Haitian immigrants. She has received several awards for her work with Haitian immigrants and remains an active member of several Haitian organizations including the Haitian American Professional Coalition Research Task Force, Fanm Kreyol Inc., Haitian Ladies Network, and Haitian American Nurses Association of Tampa.

Fueled by passion, philanthropy, and the immigrant communities she serves, she hopes to continue to bridge gaps in scientific knowledge for promoting mental well-being and preventing poor mental and behavioral health outcomes among vulnerable and minoritized populations.

Speaker



Gretha Fievre MSA, MA, RN

I have dedicated my nursing practice and life-long efforts to protecting human dignity here in the United States and abroad in Haiti. As a registered nurse for over 40 years, working predominantly for non-profit organizations, I found myself with opportunities to help underserved populations. I was able to intercede and advocate on behalf of hundreds of uninsured, impoverished, and low health literacy clients. Little did I know these experiences were preparing me to take on broader responsibilities in the community, and ultimately in my native, Haiti.

Education has been the driving force in my life for implementing change. As such, I participate in and encourage higher education, continuing education, and life-long learning. I began my career as a Licensed Practical Nurse and subsequently became an Adjunct Professor at the Lienhard School of Nursing Pace University and at CUNY School of Professional Studies (CUNY/SPS). I selected nursing education because I wanted to increase my sphere of influence. I wanted to engender my love of nursing to new nurses and thereby shape the future of the profession. Nursing is positioned to positively affect global health outcomes, through education and service.

My commitment to serving others was tested in the weeks following the January 2010 earthquake in Haiti. While in disbelief and coping with a great deal of emotional turmoil, I evaluated my capacities to bring aid and comfort to victims and survivors. Therefore, I volunteered as a clinical coordinator with the Association des Medecins Haïtiens à l'Étranger in Port-au-Prince Haiti and led a presentation on Emergency Nursing to Nursing Students at l'Université Episcopale d'Haiti à Leogane (FSIL) and other healthcare seminars in Port-au-Prince.

Realizing these efforts were insufficient to address long-term healthcare issues in Haiti, in 2011, I founded the Health Education Action League for Haiti (HEAL Haiti), a nonprofit organization dedicated to training and mobilizing young leaders to improve healthcare delivery in Haiti. Through nursing training, youth health and science education programs, HEAL Haiti aims to develop a cadre of highly skilled health advocates prepared to respond to Haiti's community healthcare needs. To date, HEAL Haiti provided healthcare services and education through the organization's annual health fairs and mobile clinics. HEAL Haiti is presently involved in an ongoing project to enhance the knowledge and skills of graduate nurses at L'Hôpital Bienfaisance de Pignon. Additionally, the organization has established a partnership with L'Université d'Etat d'Haiti where volunteer Associate Professors are teaching virtually in the Master's in Science of Nursing Program. HEAL Haiti's long-term goal is to establish a world-class Healthcare Mall in my hometown, Saint Marc, Haiti. The organization's accomplishments thus far have received national and international recognition by obtaining numerous grants and a publication in 2021 in the International Journal of Disaster Risk Reduction. My intention has been and revolves around fostering human dignity through empowering community leaders and youth to address health disparities in Haiti.

Speaker



Dione Sandiford Ph.D., RN, CHSE

Dione Sandiford is a Lecturer and Clinical Learning Facilitator in the Center for Clinical Learning (CCL) at Rutgers, The State University of New Jersey, School of Nursing. Using evidence-based simulation practices, Dr. Sandiford works collaboratively with faculty to develop, evaluate, and facilitate simulation-based learning and clinical skill development for undergraduate nursing students. She also instructs and evaluates undergraduate students' clinical skills performance.

Dr. Sandiford facilitates various interprofessional education activities for students enrolled in health profession programs across Rutgers University.

Dr. Sandiford has led several taskforces in the CCL including the transfer of the EHRgo documentation charts system to Elsevier Simulation-charts. Dr. Sandiford has organized and led the CCL manuscript taskforce. Under her leadership, the taskforce has published one manuscript in *Nurse Educator Journal* titled "Appraising Technology-Enhanced Teaching Using a Conceptual Framework."

Dr. Sandiford's professional service includes serving as the governance chair for Sigma Theta Tau International Nursing Honor Society (Phi Nu Chapter). She has served as a mentor for the American Nurses Association (ANA) mentoring program, and she served as a mentor/advisor for Robert Wood Johnson Foundation (RWJF) Summer Health Professions Education Program. Dr. Sandiford earned her diploma in nursing from Muhlenberg School of Nursing, associate in science from Union County College, BSN with honor from Saint Elizabeth University, MSN in nursing education from Walden University, and her PhD in Nursing Science from Rutgers University School of Nursing. Her research topic is "Mentoring of New Nursing Faculty in Undergraduate Nursing Programs." Dr. Sandiford has earned the distinction of Certified Healthcare Simulation Educator through the Society for Simulation in Healthcare.

As an educator, Dr. Sandiford is passionate about providing a dynamic, supportive educational environment for the diverse learners in the School of Nursing and actively mentor faculty, peers, and colleagues to teach the next generation of nurses.

Moderator



Bianca Lubin

BS, BSN, RN

Bianca Lubin is a Registered Nurse licensed in both New York and New Jersey. She is currently working in Pediatrics providing care to vulnerable patients as young as 3 days old to 25 years of age.

Bianca believes the best way to help people is by teaching them. She has made it her mission to do so, through her service as a member of the Haitian American Nurses Association of Hudson Valley, NY, Inc. where she often educates the community through health fairs, blood donation drives and partnerships with other community organizations. Within HANA, she serves as the Chair of Marketing, creating flyers on health awareness and managing 3 social media accounts: Facebook, Instagram, and Twitter. Additionally, she is the Producer of the "Health & Wellness hosted by HANA Radio Show;" a weekly bilingual show on Radio Generation 2000, which focuses on educating its audience on all matters of physical and mental health.

As a 2nd career nurse, alongside seasoned nurses of HANA, Bianca is committed to nurturing the next generation of nurses through its Mentoring Committee, purposefully created to help high school and college students interested in a career in nursing. In 2021, Bianca was awarded HANA's Nurse of the Year, becoming the chapter's most novice awardee. She was also recognized by the Honorable Elijah Reichlin-Melnick, New York State Senator, 38th District for her service to the Haitian community. Last year, she was granted a Distinguished Service Award by Legislator Aney Paul, which recognizes outstanding nurses in Rockland County, during National Nurses Week. Bianca holds a BS in Nursing from New York University Rory Meyers College of Nursing and a BS in Fashion Merchandising Management from SUNY Fashion Institute of Technology.

Panelist



Dr. Monica Barrera

D.D.S.

Dr. Mónica Barrera is a seasoned dentist and business owner, with 40 years of experience practicing general dentistry.

After becoming a dentist and practicing in Chile, her home country, at the of her career Dr. Barrera moved to the US and continued her education at NYU Dental before opening her personal practice in New City, NY, where she practices general dentistry and is particularly passionate about prevention of oral diseases, TMJ, restorative and cosmetic dentistry.

She is also the President of Rockland County Dental Society and member of the ADA, NYSDA and of the Board of Governors of her dental district. On the personal side, Monica also loves fitness, is a long-time Toastmaster, and enjoys reading and talking about science and history.

Panelist



Marie Yves Bellance MSN, FNP

Marie Yves received her Bachelor of Science in Nursing, from the College of New Rochelle. She also holds a professional designation as a Family Nurse Practitioner. She is the Associate Administrative Nurse Manager at Montefiore Medical Center, Wakefield Campus. Her current position allows her the opportunity to direct and coordinate patients and units' activities and ensure delivery of quality patient care in compliance with the hospital policies and standards.

Marie Yves began her career in nursing in 2010, joined Montefiore in 2012 and has held various positions within the medical center. She has participated in performance improvement, nursing research, and educational activities. In addition to being in management she also works in outpatient setting as a primary care provider (PCP) where she enjoys building relationship with her patients to help them as they establish healthcare goals and needs.

She is fluent in Creole, French, and English; and currently learning and speaking basic Spanish.

Panelist



Marlene Cesar

MD, DNP, MSN, APRN, FNP, PMHNP

Born in Haiti. Mother of one son and grandmother of 3 precious girls and one boy born in 2023. Lived in Bolivia, Peru, Chicago, Canada, Nigeria, Pennsylvania, and Miami.

Education: MD, DNP, MSN, APRN, FNP, PMHNP, Certified Christian Counseling (CCC) Graduated from Miami Dade College, Barry University and University of Miami and Montserrat University in Montserrat Island, School of Christian

Counseling Dr. Shawn Kirk.

Professional Experiences: Currently employed at " Sant La" as a Program Director Practiced as a Nurse Practitioner Family and Psychiatric Mental Health Nursing 2002-2015 at different Facilities in Miami, Fl, Brooklyn, New York, and Pennsylvania. Taught at Miami Dade College, Barry University, University of Miami, and Mercy Hospital Nursing School, Director of Nursing and Consultant at Florida National University.

Other Experiences: CEO and Founder of Alternative Health Integrated Options, Clinical Psychiatric Services, Miami, Florida 2005 -2011 Founder of Spiritual Health Integrated Faith Therapy (SHIFT) operating on Zoom since 2022. Coordinator of Faith and Sharing: Bible Conversation weekly on Zoom since 2022 (to date 102 meetings).

Extra Curricula: President and Founder Of "Tonnelle Haitienne" Ottawa, Canada Treasurer, Vice-President, President Of Haitian American Nurses Association (HANA)- Miami, Florida. Hosted and Broadcasted-"Pawol Dokte" , -"Koze Sante" Radio and Television- Island TV, 1580 AM, 1080 AM, Miami Florida for many years. Haitian Medical Association Boston, Vie Sociale et Vie Chrétienne , Ottawa , Canada Advisory board members of : HANA of Florida and Pearls of Women Foundation in Florida.

Achievements: National Nurses Honor Society Sigma Theta Tau Award, Women of Excellence Award, Clinical Nurse Practice Excellence Florida Nursing Association, Nurse of the year HANA (Haitian American Nurses Association of Florida), Excellence in Volunteering, Minister Immigration and Culture Quebec, Canada, Life Achievement Award, 2018 HANA (Haitian American Nurses Association of Florida).

Panelist



Dr. Nahomie Mirville

DNP, MSNEd, FNP-BC, AAPRN

Author, poetess, play writer, professional nurse for the past 23 years and mother of two daughters. Her journey to the nursing profession began in 1999. She broadens her education by earning a Doctorate in Nursing Practice and currently an autonomous Board-Certified Family Nurse Practitioner (FNP).

Her diverse experiences include Academia, Leadership, Family Practice, Urology Care, Telemedicine, Concierge Healthcare Delivery, Emergency Care and Community Health. As a current Professor of Nursing and former Dean of Nursing she empowers her students to serve the community while providing safe and efficient nursing care.

As a Transformational leader, Dr. Mirville's passion for service brought her to numerous community organizations where she leads in different capacities. Dr. Mirville is the current Chairwoman for Love Your Neighbor Now (LYNN) foundation Inc., an organization aiming to help better the lives of people in northern Haiti in the areas of business building, health, education, and spirituality and life skills. She is an active board member for Family Action Network Movement (FANM), an advocacy and social service agency established 30 years ago to help fight against social inequity in the community. She is a board member of Free Yourself Women Foundation, an organization that helps domestic violence victims in the community. She is the past Chairwoman for the Haitian American Professionals Coalition (HAPC). A coalition formed 20 years ago to address relevant issues within the community. Dr. Mirville was the founding President of HANA International in 2014. She served as President of the Haitian American Nurses Association of Florida Inc. (HANA) from 2011-2013, with a legacy of empowerment and engagement. Dr. Mirville remains an active executive board member within HANA and serves as the current Chair of Marketing. She also held various other key positions, such as Chair of Education, Chair of International Affairs when she developed Project 30 "I" Care, a campaign to generate funds for the association to help with the nursing profession at the local and international level. Dr. Mirville also serves as advisory board member to different organizations including the Haitian American Pharmacists Association, City of Pembroke Pines Arts and Culture, the International Nursing Faculty at Faculté des Sciences Infirmières de Leogane (FSIL), Balancing Life Foundation.

Panelist



Herve Mondestin MS, RRT

"I was born in Port-au-Prince, Haiti. In the mid 1980's I migrated to the United States in Spring Valley NY. I graduated from Spring Valley High School and left for the United States Army in which I served six years. After serving in the Military, I found myself attached to the community and I became a Deputy Sheriff, which I have been for the past 20 years. I have been blessed to serve the community at all levels. In 2010, I spent several days in Haiti assisting the humanitarian aid from

the earthquake devastation.

Over the years, I attended Rockland Community College where I received an associate degree in respiratory therapy. I continued to pursue higher education at Nyack College, where I obtained a Bachelor Degree of Science in Management and a Master of Science in Organizational Leadership. I am currently a member of several organizations, including but not limited to: Bergen Community College Advisory Board Member, Haitian American Law Enforcement United, NYSFOP, Rockland County Shields and executive board Member of Rockland County Sheriff TPU/Relief officers.

Proud father of three children; Brian is currently serving in the US Navy as a Division Commander and twins Gabriella and Justin are high school seniors.

My life passion is to serve and help people. As a Deputy Sheriff and Director of Respiratory Care Services and Sleep Medicine, I have been able to help people with the hope of changing their lives for the better and making a difference one day at a time. I am a recipient of the United States National Defense Service medal and accommodation letters of recognition from the US Senate and Rockland County Legislator."

Panelist



Dr. Herline Raphael DNP, RN

Dr. Raphael is a board certified Adult-Gerontology Nurse Practitioner (AGNP-C) with a Doctorate in Nursing Practice and Lifestyle Medicine; wellness coach and Holistic Palliative/Hospice Provider. With over 25 years of Critical Care Nursing, her goal is to incorporate evidence-based lifestyle modalities which includes whole food/plant-based regimen, exercise, sleep hygiene, spirituality and stress management for prevention, treatment, and reversal of chronic diseases related

to lifestyle and behaviors.

Her mission is to provide a health education and share research-based best practices to help you move toward a healthier lifestyle, optimizing your overall health.

Living by the belief that “it’s great to receive, but it’s even better to give,” Raphael coupled her medical training with her passion for Christ to help the helpless through prayer, education, healthy living, and community leadership.

Notes...



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